

LGBTQ+						
Name	Contact Information	Link	Hours Open	Services Provided	Cost	Notes
ACLU	helpgbt@aclu.org	<a href="https://www.aclu.org/legal-intake/report-lgbtq-hiv-discrimination">n.aclu.org/legal-intake/report-lgbtq-hiv-dis</a>	Website	Report LGBTQ/HIV discrimination	Free	"If you've been mistreated or harassed based on sexual orientation, gender identity, or HIV status, the ACLU wants to hear about it -- we might be able to help"
amBi		<a href="https://www.ambi.org/sacramento">https://www.ambi.org/sacramento</a> <a href="https://www.meetup.com/amBiSacto/">https://www.meetup.com/amBiSacto/</a> <a href="https://www.facebook.com/groups/ambiSacramento/">https://www.facebook.com/groups/ambiSacramento/</a>	Multiple events monthly	Events, activities and meetups in the Sac area	Varies - typically Free	Sacramento's social community for bi people, our partners, and allies Variety of events and activities that allow bisexuals to meet, establish meaningful friendships, and have fun
Believe OUT LOUD - Faith+LGBTQ	contact@believeoutloud.com	<a href="#">Believe Outloud</a>	Website	Faith-Based Event and Places of Worship search	Free	"Whether you are an LGBT person who seeks to reconcile your need for a spiritual life with your LGBT identity, a leader or member of a religious institution in search for guidance on matters of faith and LGBT inclusivity and equality, or a family member, friend or ally hoping to learn how to be supportive, Believe Out Loud offers resources, guidance and reflection for everyone."
Campus Pride	info@campuspride.org (704) 277-6710	<a href="#">Campus Pride</a>	Website Phone Office Hours: M-Th 9am-5pm EST	Resources and Database for LGBTQ current and prospective college students	Free	Organization for student leaders and campus groups working to create a safer college environment for LGBTQ students.
COLAGE	ptpsupport@colage.org (828) 782-1938	<a href="#">Colage</a>	Website	Supportive community for people with LGBTQ+ parents		COLAGE unites people with one or more lesbian, gay, bisexual, transgender, queer, intersex, and/or asexual <b>parent</b> into a network of peers and supports them as they nurture and empower each other to be skilled, self-confident, and just leaders in our collective communities.
Equality California	(323) 848-9801	<a href="#">Equality California</a>	Website	LGBTQ+ civil rights and social justice group		Nation's largest statewide LGBTQ+ civil rights organization
Gender Health Center	2020 29th St, Ste. 201 Sacramento, CA 95817 (916) 455-2391	<a href="#">Gender Health Center</a>	<i>Reception/Front Desk</i> Monday - Friday 9-5 <i>Danelle's Place Respite Center</i> Monday - Friday 12-3 <i>Counseling</i> Monday - Friday 10-8 <i>Advocacy</i> Monday - Friday 10-8 <i>Harm Reduction</i> Monday - Friday 12-3	<i>Therapy:</i> Sliding Scale (no insurance) <i>Legal Advocacy Services:</i> FREE <i>Danielle's Place "trans safe drop-in respite and social space":</i> FREE <i>Hormone Clinic:</i> 1st & 3rd Friday of each month 6:00pm - 9:00pm (by appointment only) <i>Harm Reduction (drug abuse):</i> \$5 donation <i>HIV and STI testing:</i> FREE	See Services provided	Queer-informed narrative therapy: individual, relational, and family Name change and advocacy services Transgender "respite" drop-in support Labs and Rapid HIV PrEP Prescriptions Free legal health advocacy is also provided for those who are having issues with insurance or other healthcare related issues (provided by LSNC)
GLSEN	info@glsen.org 212-727-0135	<a href="#">GLSEN</a>	Website	LGBTQ Student Supportive Network	Free	GLSEN believes that every student has the right to a safe, supportive, and LGBTQ-inclusive K-12 education. We are a national network of educators, students, and local GLSEN Chapters working to make this right a reality.
GSA Network			Website	LGBTQ Student Organization	Free	We support LGBTQ+ youth organizers across the country to take action and create change at all levels, from school-based campaigns that impact individual school districts to national days of action that unite GSAs for racial and gender justice.
JDoe		<a href="#">JDoe</a>	Mobile App	Anonymous Reporting Platform for Sexual Misconduct	Free	We understand that describing a past incident can be difficult. JDoe anonymizes all reports and leaves the choice to the user as to whether they wish to be contacted by a lawyer. While all information is indexed anonymously, JDoe is still able to make matches and identify mutual victims. As opportunities arise with lawyers and matches, our algorithm will automatically notify users. You have the choice in deciding to pursue a case.
Lavender Library	1414 21st Street Sacramento, CA 95811 (916) 492-0558	<a href="#">Lavender Library</a>	Temp Hours: Sun 12pm-3pm	LGBTQ+ Library	Free	The Lavender Library is a lending library and archive housing lesbian, gay, bisexual, transgender, queer, and intersex (LGBTQI) books and magazines, various media, and archival materials. -Displays and exhibits -Participant in community events -Author speaking events -Book discussion group -Free WiFi, Air Conditioning, and Heat -Meeting space for groups and organizations

<b>LGBT National Hotline</b>	(888) 843-4564 help@LGBThotline.org	<a href="#">LGBT National Help Center</a>	Monday-Friday 1pm to 9pm Saturday from 9am to 2pm	LGBT National Hotline	Free	The Lesbian, Gay, Bisexual and Transgender (LGBT) National Hotline provides telephone, online private one-to-one chat and email peer-support, as well as factual information and local resources for cities and towns across the United States.
<b>LGBT National Youth Talkline</b>	800-246-7743 help@LGBThotline.org	<a href="http://www.glbnationalhelpcenter.org/">http://www.glbnationalhelpcenter.org/</a>	Mondays to Fridays from 1 pm – 9 pm pacific Saturday from 9 am – 2 pm pacific	LGBT National YOUTH Hotline (25 and under)	Free	The LGBT National Youth Talkline provides telephone, online private one-to-one chat and email peer-support, as well as factual information and local resources for cities and towns across the United States.
<b>My Kid Is Gay</b>		<a href="https://www.mykidisgay.com/">https://www.mykidisgay.com/</a>	Website	Parenting resources for LGBTQIA children	Free	Videos, advice, and resources, dedicated exclusively toward helping parents understand their Lesbian, Gay, Bisexual, Transgender, Queer, Intersex, and Asexual children. My Kid Is Gay sources voices from across the world to help answer the many questions that parents (and family members, and even teachers!) have about the LGBTQIA young people in their life, including advice from parents, youth, and experts on a variety of topics related to sexuality and gender identity.
<b>National Center for Lesbian Rights</b>	1 (800) 528-6257 or (415) 392-6257 info@NCLRights.org	<a href="#">National Center for Lesbian Rights</a>	M-F 9am-5pm	Free legal assistance helpline	Free	NCLR is a national legal organization committed to advancing the civil and human rights of lesbian, gay, bisexual, and transgender people and their families through litigation, legislation, policy, and public education.
<b>OutCare</b>		<a href="#">OutCare Health</a>	Online search engine	LGBTQ+ healthcare providers search	Free	OutCare has identified LGBTQ+ healthcare resources in all 50 states
<b>The Out Foundation</b>		<a href="https://theoutfoundation.org/community/">https://theoutfoundation.org/community/</a>	Mobile App	LGBTQ Fitness	Free	The OUTAthletics Community Group offers FREE daily programming led by top LGBTQ+ instructors. The program includes strength, gymnastics, running, and functional fitness for those working out in a gym or at home
<b>OUT for Sustainability</b>	(206) 395-6884 info@out4s.org	<a href="#">Out for Sustainability</a>	Website	LGBTQ Environmental Activism	Free	LGBTQ nonprofit dedicated to our social and physical environment, making a difference by its very existence to bridge queer identity and sustainability values
<b>Out Proud Families</b>	laurin@mayenoconsulting.com	<a href="http://www.outproudfamilies.com/">http://www.outproudfamilies.com/</a>	Website	LGBTQ Parenting	Free	resources for families and caregivers raising children and youth of diverse gender identities, gender expressions, and sexual orientations
<b>PFLAG El Dorado County</b>	The Federated Church (no affiliation) on Thompson Way in Placerville 4215 Bonita Vista Court Placerville, CA 95667	<a href="https://www.pflagplacerville.org/">https://www.pflagplacerville.org/</a>	The 4th Monday of each month Time: 6:30 P.M.	Support is offered to deal with issues around being GLBT, and the impact on GLBT individuals, their families, and their friends.	Free	
<b>Point Foundation (Point)</b>	Office: (323) 933-1234 Toll-free: (833) 88-POINT Email: info@pointfoundation.org applications@pointfoundation.org	<a href="#">Point Foundation</a>	Website	LGBTQ Scholarship and Academic Mentors		Point seeks to build community and springboard a new generation of LGBTQ leaders toward success. Point does this through scholarship funding, mentorship, leadership development, and community service training, and is the nation's largest scholarship-granting organization for LGBTQ students of merit.
<b>PrideGuide CA</b>	California@ThePrideGuides.com (602) 466-2501	<a href="#">Norcal Pride Guide</a>	Website	Local LGBTQ services/activities		A gay owned company, providing an LGBT resource guide state by state showcasing LGBT friendly businesses from Travel, Wedding and Business Listings

<p><b>Sacramento LGBT Community Center</b></p>	<p>1015 20th Street, Sacramento, CA 95811 (916) 442-0185 info@saccenter.org</p>	<p><a href="https://saccenter.org/">https://saccenter.org/</a></p>	<p>Monday-Friday, 10 a.m. – 8 p.m. and Saturday-Sunday, 12 p.m. – 6 p.m.</p>	<p>Sexual Health Programs Emergency Housing Showers and Laundry Food and Clothing Closet Survival Supplies Outlets for Phone Charging, Computer Lab &amp; WiFi LGBTQ+ Library Art Projects and Life-Skills Workshops HIV/HCV Testing Victim Services</p>		<p>HIV/STI Testing PrEP Navigation Partner Services Free Barriers Sexual Health Education Living with HIV Support Provider education &amp; Advocacy</p> <p>Q-Spot Drop-In Center: 7-days a week, we offer LGBTQ+ youth a safe and brave space for social and emotional support through mental health respite and peer mentorship.</p> <p>Short-Term Transitional Emergency Placement Programs (STEP): This program provides 24-hour shelter in community with an average 90-day stay that includes meals, clothing, and transportation assistance for youth ages 18-24 who have been victims of crime. Youth will receive assistance from case managers and advocates to obtain identification documents, access medical and mental health services, and navigate next step in their transition to more permanent housing.</p> <p>Transitional Living Program (TLP): This program empowers 18-24-year-old youth who have been victims of crime with the support and life-skills they need to establish self-sufficiency. Youth are provided stable housing in community for up to 24-months that includes meals, clothing, transportation assistance, intensive case management, counseling, transportation, education and employment services, life skills workshops, and establishment of a support system that they can maintain after exiting the program.</p> <p>Host Homes This program provides bridge housing for 18-24-year-old youth in homes of community hosts. The length of stay is flexible, averaging 4-6 months. Youth are provided stable housing, meals, social/emotional support, and case management while making progress toward their life goals.</p>
<p><b>Strong Families Alliance</b></p>		<p><a href="#">Strong Family Alliance</a></p>	<p>Website</p>	<p>Support for parents and children coming out</p>	<p>Free</p>	<p>Strong Family Alliance has a simple mission – to save lives and preserve families by supporting parents and children coming out. We help you understand what to expect and how to keep your family strong and safe.</p>
<p><b>The Dru Project</b></p>	<p>hello@thedruproject.org</p>	<p><a href="#">The Dru Project</a></p>		<p>LGBTQ+ Scholarship program and GSA grants</p>		
<p><b>The Trevor Project</b></p>	<p>1-866-488-7386. Text START to 678-678</p>	<p><a href="#">The Trevor Projectg/</a></p>	<p>24/7</p>	<p>Crisis hotline, text line, chat, and social networking site for LGBTQIA+ youth under 25yo</p>	<p>Free</p>	<p>Resources, education and peer support</p>
<p><b>Transgender Law Center (TLC)</b></p>	<p>PO Box 70976 Oakland, CA 94612 (510) 587-9696 Collect line for people in prison and detention: (510) 380-8229</p>	<p><a href="#">Transgender Law Center/</a></p>		<p>Trans Legal Helpline</p>		<p>The Legal Information Helpline provides basic information about laws and policies that affect transgender people across many areas, including employment, health care, housing, civil rights, immigration, prisoners' rights, and identity document changes.</p>
<p><b>Trans Youth Equality Foundation</b></p>	<p>contact@transyouthequality.org (207) 478-4087</p>	<p><a href="#">Trans Youth Equality Foundation</a></p>		<p>Parent Support Groups Youth Support Groups Youth Summer Camps</p>	<p>Free Support Groups Summer camps cost vary: ~\$300/youth</p>	<p>For parents of transgender and gender non-conforming children and youth -- Supportive shared experience discussions, resources, guest speakers and more.  For transgender and gender non-conforming kids, ages 2-18 - Support group discussions, community-building and social activities.</p>
<p><b>Zippia - LGBTQ WORKPLACE RESOURCE GUIDE</b></p>	<p>(254) 294-7742</p>	<p><a href="#">LGBTQ Job Resources</a></p>	<p>Website</p>	<p>LGBTQ WORKPLACE RESOURCE GUIDE</p>		