

**Free Food Assistance in South Lake Tahoe-Weekly**  
Updated on 9/17/23

Day	Organization/Time	Specifics
<b>Monday</b> 4:00- 5:30 p.m.	<b>Bread &amp; Broth- Monday Meals</b> St. Theresa Catholic Church Grace Hall dining area 1041 Lyons Ave., SLT, CA 96150	A full-course, nutritious hot meal with second servings, “to go” and “giveaway” bags containing canned goods, dairy products, fruits, vegetables, breads, and more.
<b>Monday</b> 11:00- 12:30 p.m	<b>Hope Full Lunch</b> Hope Lutheran Church 930 Julie Lane, SLT, CA 96150	Sack lunch distribution on the streets of SLT
<b>Tuesday</b> 11:00 a.m.- 2:00 p.m.	<b>Christmas Cheer All Year</b> 1120 Third Street, SLT, CA 96150	Food bags handed out at the door Canned food, cereal, fresh produce, dairy, meat bread & desserts. Non-cooking bags for those without cooking facilities.
<b>Wednesday</b> 11:00 a.m.- 2:00 p.m.	<b>Christmas Cheer All Year</b> 1120 Third Street, SLT, CA 96150	Food bags handed out at the door; Canned food, cereal, fresh produce, dairy, meat bread & desserts. Non-cooking bags for those without cooking facilities.
<b>Wednesday</b> 10:30 a.m. - Noon	<b>Phoenix Pantry</b> Lake Tahoe Community Presbyterian Church 2733 Lake Tahoe Blvd., SLT 96150	Drive through pantry. Clients will receive fresh produce, meat, canned goods, et.
<b>Wednesday</b> 11:00- 12:30 p.m.	<b>Hope Full Lunch</b> Hope Lutheran Church 930 Julie Lane, SLT, CA 96150	Sack lunch distribution on the streets of SLT
<b>Thursday</b> 11:00 a.m.- 2:00 p.m.	<b>Christmas Cheer All Year</b> 1120 Third Street, SLT, CA 96150	Food bags handed out at the door; Canned food, cereal, fresh produce, dairy, meat bread & desserts. Non-cooking bags for those without cooking facilities.
<b>Thursday</b> 9:00 a.m.-10:00 a.m.	<b>Live Violence Free</b> 2941 Lake Tahoe Blvd., SLT, CA 96150	Food bags distributed containing bread, canned goods, and other food items.
<b>Friday</b> 11:00 a.m.- 12:30 p.m.	<b>Hope Full Lunch</b> Hope Lutheran Church 930 Julie Lane, SLT, CA 96150	Sack lunch distribution on the streets of SLT
<b>Friday</b> 4:00- 5:00 p.m.	<b>Bread &amp; Broth’s Second Serving</b> Lake Tahoe Community Presbyterian Church 2733 Lake Tahoe Blvd., SLT, CA 96150	Meals consisting of a soup and a simple entree (lasagne, chili dogs, pasta dishes, salads) Guests will also be provided with “giveaway” bags with canned good, breads, pastries based on availability of food items.

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<b>Friday</b> <b>3:00- 4:30 p.m.</b>	<b>St. Theresa Catholic Church- Food pantry</b> St. Theresa Catholic Church, Grace Hall 1041 Lyons Ave. SLT, CA 96150	Non-perishable foods, canned food items, Dog and cat food **Come to the side window of Grace Hall
<b>4th Wednesday of the month</b>  <b>May through October</b>	<b>St. Theresa's Church parking lot</b> 1401 Lyons Ave., SLT, CA 96150 <b>10:00 - 11:00 a.m.</b>	Free Farmer's Market  Serving fresh fruit, vegetables
<b>2nd Friday of the month</b> <b>10:00 a.m. until bags are gone</b>	<b>SLT Family Resource Center</b> 3501 Spruce Ave. #B, SLT, CA 96150	Bags of food from the El Dorado Food Bank. If needed, food will be available on other days 9-3 or by appointment. Fresh bread available every Tuesday and Thursday after noon. Call to confirm.
<b>2nd Friday of the month</b> <b>12:00 PM- 1:00 PM</b>	<b>Live Violence Free</b> 2941 LakeTahoe Blvd., SLT, CA 96150	Food bags distributed-Produce distribution
<b>3rd Friday of the month</b> <b>11:30 a.m.- 1:00 p.m.</b>	<b>Northern NV Food Bank</b> American Legion parking lot 2748 Lake Tahoe Blvd., SLT, CA 96150	Fresh produce distribution Please bring your own bag
<b>2nd Saturday of the month</b> <b>9:00 a.m. - 10:15 a.m.</b>	<b>Our Lady of Tahoe Church/ Outreach Program</b> 1 Elks Point Road, Zephyr Cove, NV 89448 Office: 775-588-2080	Food box given out depending on the size of the family.  Non-perishables, fresh produce, eggs, meat

### Services Specifically for Children

<b>Monday-Friday</b> Free hot supper 4:30-5:30 p.m. at the <b>Boys &amp; Girls Club</b>  Free snack served at 4:00 p.m. at <b>Bijou, LTEMs, Tahoe Valley</b>	<b>Boys &amp; Girls Club-Lake Tahoe</b> 530-542-0838 1100 Lyons Ave. South Lake Tahoe, CA 96150	All children age 18 and under are eligible, not just those enrolled at the Boys & Girls Club. Children can be accompanied by an adult or come by themselves. No ID or forms required.
<b>Friday</b>	<b>Bread &amp; Broth 4 Kids-Weekend Food Bag Program</b> Weekend food bag distribution at all Lake Tahoe Unified pre-K through grade 8 schools: Bijou, Sierra House, Tahoe Valley, LTEMs, South Tahoe Middle School  Additional limited number of bags distributed to pre-school children at Head Start, LTCC Child Development Center, Catalyst Community, Family Resource Center, and Step by Step.	Distribution of weekend food bags containing 7 single serving, kid-friendly, nutritious meals (3 dinners, 2 breakfasts, 2 lunches) as well as fresh fruits and nutritious snacks.

